



You can now apply for Family Planning through Maryland Health Connection!

The Maryland Medicaid Family Planning Program provides family planning benefits to eligible low-income women and men. Effective February 1, 2020, Maryland will accept applications for Family Planning only through Maryland Health Connection, and paper applications will no longer be processed. Anyone participating in the Family Planning Program who needs to renew their coverage will be able to do so online.

Your Family Planning benefits will not change. Family planning services include:

- Advice about birth control methods;
- Physical exams, including pelvic and breast exams;
- Screenings, such as pap smears and for sexually transmitted infections, when done as part of the family planning visit;
- Birth control pills and devices, such as IUDs;
- Emergency contraception; and
- Permanent sterilization (must be aged 21 or over).

If you are currently enrolled in Medicaid or the Maryland Children's Health Program, you already have family planning benefits and are not eligible for this program.

Below are ways to renew or apply for the Family Planning benefit:

- Apply online at MarylandHealthConnection.gov
- Visit your Local Health Department or [Department of Social Services](#)
- Call 1-855-642-8572. Deaf and hard of hearing use Relay service
- Find free, in-person help near you at MarylandHealthConnection.gov/help
- Download our free mobile app, [Enroll MHC](#)

If you have trouble finding a provider or have questions about what services Family Planning covers, please call 1-800-456-8900.